

2013 Missouri Valley Conference
Outdoor Track & Field Championship

Schedule of Events

Friday:

Multi-Events

10:00 a.m. Decathlon (M) (100m, LJ, SP, HJ, 400m)

11:00 a.m. Heptathlon (W) (100H, HJ, SP, 200m)

Field Events

12:00 p.m. Hammer Throw (W) Trials and Finals

2:00 p.m. Hammer Throw (M) Trials and Finals

4:00 p.m. Pole Vault (W) Finals

4:00 p.m. Javelin Throw (W) Trials and Finals

6:00 p.m. Javelin Throw (M) Trials and Finals

Running Events

7:30 p.m. Graduation Ceremony

8:00 p.m. 10,000 Meter Run (W) Finals

8:45 p.m. 10,000 Meter Run (M) Finals

Saturday:

Multi-Events

10:30 a.m. Heptathlon (W) (LJ, JT, 800m)

11:30 a.m. Decathlon (M) (110H, DT, PV, JT, 1500m)

Field Events

3:00 p.m. Shot Put (W) Trials and Finals

3:00 p.m. High Jump (M) Finals

3:30 p.m. Long Jump (W) Trials and Finals

5:30 p.m. Shot Put (M) Trials and Finals

5:30 p.m. High Jump (W) Finals

6:00 p.m. Long Jump (M) Trials and Finals

Running Events

5:00 p.m. 100 Meter Hurdles (W) Prelims

5:10 p.m. 110 Meter Hurdles (M) Prelims

5:20 p.m. 400 Meter Dash (W) Prelims

5:30 p.m. 400 Meter Dash (M) Prelims

5:40 p.m. 100 Meter Dash (W) Prelims

5:50 p.m. 100 Meter Dash (M) Prelims

6:00 p.m. 800 Meter Run (W) Prelims

6:10 p.m. 800 Meter Run (M) Prelims

6:20 p.m. 400 Meter Hurdles (W) Prelims

6:30 p.m. 400 Meter Hurdles (M) Prelims

Sat. (cont.)

6:40 p.m. 200 Meter Dash (W) Prelims

6:50 p.m. 200 Meter Dash (M) Prelims

7:00 p.m. 3,000 Meter Steeplechase (W) Finals

7:15 p.m. 3,000 Meter Steeplechase (M) Finals

Sunday:

Field Events

12:00 p.m. Triple Jump (W) Trials and Finals

12:00 p.m. Discus Throw (W) Trials and Finals

1:00 p.m. Pole Vault (M) Finals

2:00 p.m. Triple Jump (M) Trials and Finals

2:00 p.m. Discus Throw (M) Trials and Finals

Running Events

12:55 p.m. National Anthem

1:00 p.m. 4 x 100 Meter Relay (W) Finals

1:05 p.m. 4 x 100 Meter Relay (M) Finals

1:10 p.m. 1,500 Meter Run (W) Final [slow section]

1,500 Meter Run (W) Final [fast section]

1:25 p.m. 1,500 Meter Run (M) Final [slow section]

1,500 Meter Run (M) Final [fast section]

1:40 p.m. 100 Meter Hurdles (W) Finals

1:45 p.m. 110 Meter Hurdles (M) Finals

1:55 p.m. 400 Meter Dash (W) Finals

2:00 p.m. 400 Meter Dash (M) Finals

2:10 p.m. 100 Meter Dash (W) Finals

2:15 p.m. 100 Meter Dash (M) Finals

2:20 p.m. 800 Meter Run (W) Finals

2:25 p.m. 800 Meter Run (M) Finals

2:35 p.m. 400 Meter Hurdles (W) Finals

2:45 p.m. 400 Meter Hurdles (M) Finals

2:55 p.m. 200 Meter Dash (W) Finals

3:00 p.m. 200 Meter Dash (M) Finals

3:05 p.m. 5,000 Meter Run (W) Finals

3:30 p.m. 5,000 Meter Run (M) Finals

3:55 p.m. 4 x 400 Meter Relay (W) Finals

4:05 p.m. 4 x 400 Meter Relay (M) Finals

4:20 p.m. Awards Presentations