

Appendix A

2012 State Farm Missouri Valley Conference Outdoor Track & Field Championship

Schedule of Events

Friday:

Multi-Events

10:30 a.m. Decathlon (M) (100m, LJ, SP, HJ, 400m)

11:30 a.m. Heptathlon (W) (100H, HJ, SP, 200m)

Field Events

12:30 p.m. Hammer Throw (W) Trials and Finals

2:30 p.m. Hammer Throw (M) Trials and Finals

4:30 p.m. Pole Vault (W) Finals

4:30 p.m. Javelin Throw (W) Trials and Finals

6:30 p.m. Javelin Throw (M) Trials and Finals

Running Events

7:00 p.m. 10,000 Meter Run (W) Finals

7:45 p.m. 10,000 Meter Run (M) Finals

Saturday:

Multi-Events

10:00 a.m. Heptathlon (W) (LJ, JT, 800m)

10:30 a.m. Decathlon (M) (110H, DT, PV, JT, 1500m)

Field Events

4:00 p.m. Shot Put (W) Trials and Finals

4:00 p.m. High Jump (M) Finals

4:00 p.m. Long Jump (W) Trials and Finals

6:00 p.m. Shot Put (M) Trials and Finals

6:00 p.m. High Jump (W) Finals

6:00 p.m. Long Jump (M) Trials and Finals

Running Events

6:00 p.m. 100 Meter Hurdles (W) Prelims

6:10 p.m. 110 Meter Hurdles (M) Prelims

6:20 p.m. 400 Meter Dash (W) Prelims

6:30 p.m. 400 Meter Dash (M) Prelims

6:40 p.m. 100 Meter Dash (W) Prelims

6:50 p.m. 100 Meter Dash (M) Prelims

7:00 p.m. 800 Meter Run (W) Prelims

7:10 p.m. 800 Meter Run (M) Prelims

7:20 p.m. 400 Meter Hurdles (W) Prelims

7:30 p.m. 400 Meter Hurdles (M) Prelims

7:40 p.m. 200 Meter Dash (W) Prelims

Sat. (cont.)

7:50 p.m. 200 Meter Dash (M) Prelims
8:00 p.m. 3,000 Meter Steeplechase (W) Finals
8:15 p.m. 3,000 Meter Steeplechase (M) Finals

Sunday:

Field Events

12:00 p.m. Triple Jump (W) Trials and Finals
12:00 p.m. Discus Throw (W) Trials and Finals
1:00 p.m. Pole Vault (M) Finals
2:00 p.m. Triple Jump (M) Trials and Finals
2:00 p.m. Discus Throw (M) Trials and Finals

Running Events

12:55 p.m. National Anthem
1:00 p.m. 4 x 100 Meter Relay (W) Finals
1:05 p.m. 4 x 100 Meter Relay (M) Finals
1:10 p.m. 1,500 Meter Run (W) Final [slow section]
1,500 Meter Run (W) Final [fast section]
1:25 p.m. 1,500 Meter Run (M) Final [slow section]
1,500 Meter Run (M) Final [fast section]
1:40 p.m. 100 Meter Hurdles (W) Finals
1:45 p.m. 110 Meter Hurdles (M) Finals
1:55 p.m. 400 Meter Dash (W) Finals
2:00 p.m. 400 Meter Dash (M) Finals
2:10 p.m. 100 Meter Dash (W) Finals
2:15 p.m. 100 Meter Dash (M) Finals
2:20 p.m. 800 Meter Run (W) Finals
2:25 p.m. 800 Meter Run (M) Finals
2:35 p.m. 400 Meter Hurdles (W) Finals
2:45 p.m. 400 Meter Hurdles (M) Finals
2:55 p.m. 200 Meter Dash (W) Finals
3:00 p.m. 200 Meter Dash (M) Finals
3:05 p.m. 5,000 Meter Run (W) Finals
3:30 p.m. 5,000 Meter Run (M) Finals
3:55 p.m. 4 x 400 Meter Relay (W) Finals
4:05 p.m. 4 x 400 Meter Relay (M) Finals
4:20 p.m. Awards Presentations